



MMS ICF ACSTH Coach Certification in Bangkok

DESIGN OF THE PROGRAM:

60-hours of Training delivered in 13 modules, with 10 hours of Mentoring, plus 3 Mentor-coaching sessions, plus the Final Performance Evaluation Exam demonstrating coaching capabilities

Materials Included:

Dr. Chérie Carter-Scott's book: *Transformational Life Coaching*, + MMS Flash Stick with course materials, session modules, coaching articles, teaching videos from Dr. Cherie.

These books are also effective coaching books to continue your coaching journey: *(If Life is a Game, These are the Rules, If Success is a Game, These are the Rules, Negaholics, Become One, & What's Your Message*

MMS Methodology: Our approach is Socratic, probing with open-ended questions that invite the client to connect to their Inner Knowing and "preferences." There are two distinct facets to the MMS Coach Training process: dealing with the self, dealing with the client.

We honor these core values: integrity, honesty, respect, authenticity, collaboration, trust, willingness, choice, alignment, communication, responsibility, community, quality, and accountability. We value these principles, we teach others how to embody them, and we do our best to walk the talk and lead by example.

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Here are the MMS ACSTH Bangkok calendar dates:

Starts: Weekend Lab: Part #1

30th, August, Friday: 6:30pm-10:30pm

31st, Saturday: 9am-6PM

1st Sept, Sunday: 9am-6PM = Sub-total: 20 hours

Five - Weekday Trainings on Thursday Evening from: 6:30PM – 9:30PM

Dates: 9, 16, 30 October and 6th Nov (3 hours each)

Teaching the ICF 11 Core Competencies

Subtotal: 15 hours

Completes: Weekend Lab Part # 2

29th Nov, Friday: 6:30pm - 10:30pm

30th Nov, Saturday: 9am-6PM

1st Dec, Sunday: 9am-6PM

Sub total: 20 hours

• Outside resource and development = 12 hours

Total Program: 67 hours